

Top 10 reasons to switch to vaping on National Cigarette Amnesty Day

1

Vaping is at least 95% less harmful than smoking.

Public Health England, 2018

2

Second-hand vapour does not harm those around you.

Cancer Research UK, 2016

3

Vaping doubles the chance of you successfully quitting smoking.

Public Health England, 2018

4

Over 3 million smokers have already used vaping to quit or reduce their smoking.

Action on Smoking and Health, 2018

5

Vaping helps 20,000 people quit smoking every year.

Cancer Research UK, 2018

6

An average vaper saves £800 a year compared to a smoker.

MRHA, 2014

7

A smoker turned vaper saves the UK £74,000.

Action on Smoking and Health, 2018

8

Smoking costs the NHS £2.5 billion a year.

Action on Smoking and Health, 2017

9

Vaping helps save our communities smoking costs of £760 million a year.

Royal Society for Public Health, 2018

10

Vaping shops are saving our high streets across the UK.

Action on Smoking and Health, 2017